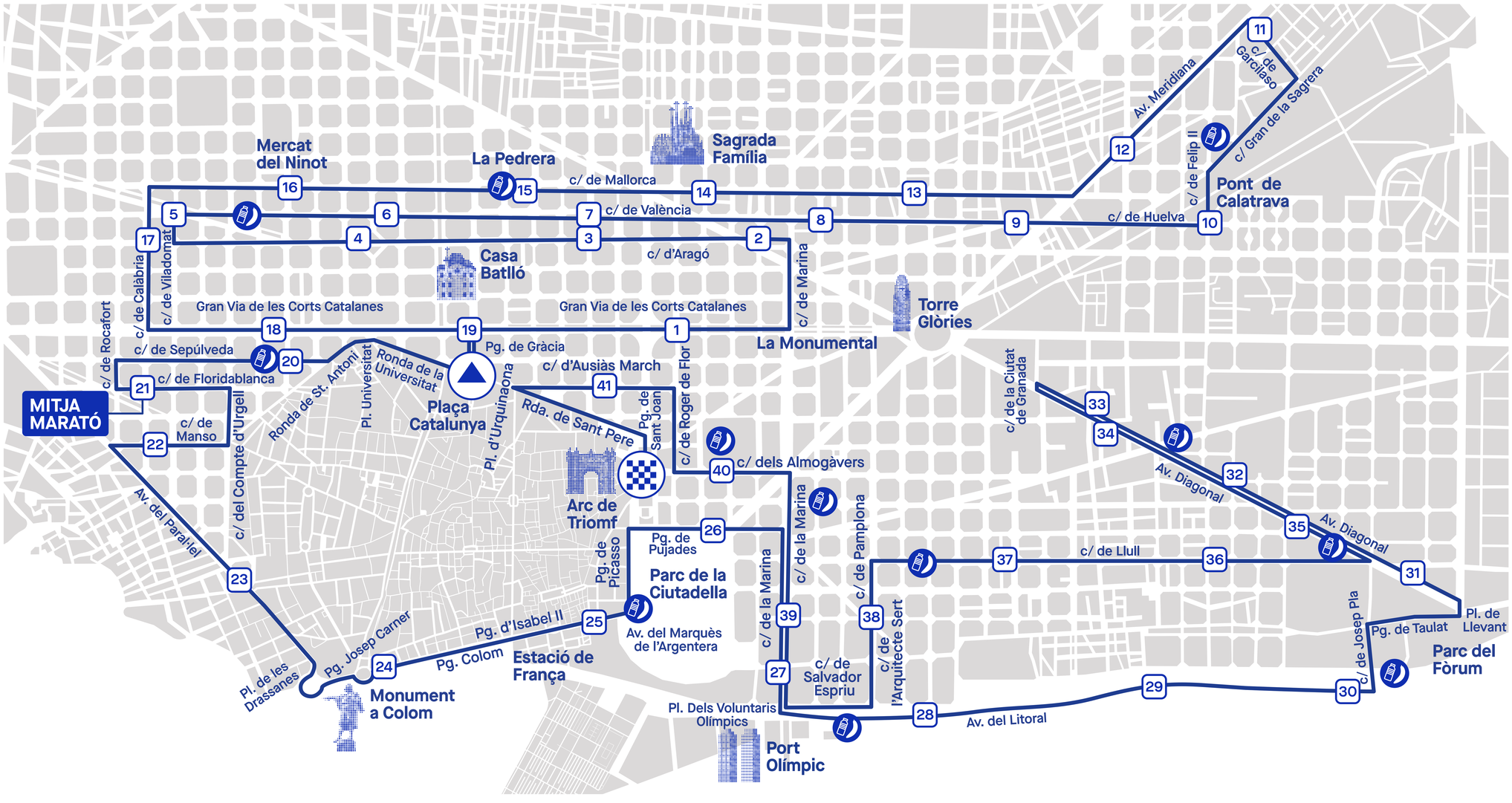
ZURICH MARATÓ BARCELONA

ZURICH · Ajuntament de Barcelona · RPM SPORTS By Experientia

GOLD LABEL WORLD ATHLETICS ROAD RACE 2024

16.03.2025



Avituallaments
Avituallamientos
Aid stations

0	WC, Creu Roja / Cruz Roja / Red Cross
5	WC, Aigua / Agua / Water, Isotonic, Creu Roja / Cruz Roja / Red Cross
10	WC, Aigua / Agua / Water, Isotonic, Creu Roja / Cruz Roja / Red Cross
15	WC, Aigua / Agua / Water, Isotonic, Creu Roja / Cruz Roja / Red Cross, Finisher Energy Gel
20	WC, Aigua / Agua / Water, Isotonic, Fruita / Fruta / Fruit, Creu Roja / Cruz Roja / Red Cross, Finisher Energy Gel
25	WC, Aigua / Agua / Water, Isotonic, Fruita / Fruta / Fruit, Creu Roja / Cruz Roja / Red Cross, Finisher Energy Gel
27,5	WC, Aigua / Agua / Water, Isotonic
30	WC, Aigua / Agua / Water, Isotonic, Fruita / Fruta / Fruit, Creu Roja / Cruz Roja / Red Cross, Finisher Energy Gel
35	WC, Aigua / Agua / Water, Isotonic, Fruita / Fruta / Fruit, Creu Roja / Cruz Roja / Red Cross, Finisher Energy Gel
37,5	WC, Aigua / Agua / Water, Isotonic, Finisher Energy Gel
40	WC, Aigua / Agua / Water, Isotonic, Fruita / Fruta / Fruit, Creu Roja / Cruz Roja / Red Cross
META	WC, Aigua / Agua / Water, Isotonic, Creu Roja / Cruz Roja / Red Cross, Medalla / Medalla / Medal, Fruita / Fruta / Fruit

SORTIDA/ SALIDA/ START 8:30h

LLEGENDA/ LEYENDA/ KEY: Aigua/ Agua Water · Isotonic · Fruita/ Fruta/ Fruit · Finisher Energy Gel · Creu Roja / Cruz Roja Red Cross · WC Lavabos / Baños Toilets

FINISHER SALUD Y NUTRICIÓN DEPORTIVA KERN PHARMA · YAMAHA · HYUNDAI · LA VANGUARDIA · MUNDO DEPORTIVO · RAC1 · rac105